

About ARAS

The Aged Rights Advocacy Service (ARAS) offers a free, confidential and independent service.

ARAS advocates are also available to visit communities throughout SA. If you would like one of our advocates to visit your community please contact our office during office hours.

We can arrange an interpreter, if required.

ARAS strives to provide a quality service. We welcome any comments or complaints about our service. If you are unhappy with the service we provide, please let us know and we will do everything we can to address your concerns.





Tel (08) 8232 5377 Country Toll Free 1800 700 600 TTY 13 36 77 SSR 1300 555 727

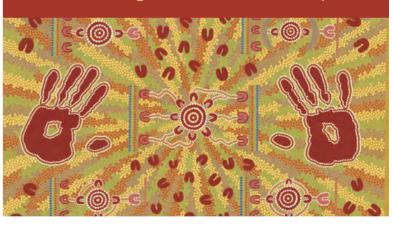
Translating and Interpreting Service 13 14 50

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For the Rights of Older People



Tel (08) 8232 5377 Country Toll Free 1800 700 600 www.sa.agedrights.asn.au

Original painting *'Looking after our Elders'* by Heather Kamarra Shearer.







What can we provide?

- Information about rights, entitlements and responsibilities.
- Support to help you resolve your concerns or to speak on your behalf.
- Strategies to assist you to protect yourself.
- Promotion of the rights of older people.
- Information and education sessions.
- Assistance with policies which ensure your rights.



Who can we assist?

Older people or their representatives who are:

- receiving community based services
- living in an aged care residential facility
- at risk of, or are being abused by family and/or friends.

Please contact our office if you would like a visit to your home or your community.



What are rights?

You have a right to:

- maintain personal independence
- be treated with dignity and respect
- live without exploitation, abuse or neglect
- be and feel safe
- be provided with information
- have personal privacy
- make decisions and have choices
- confidentiality
- be consulted
- involve an advocate to support you or to speak on your behalf
- have access and control over your own money.