

About ARAS

The Aged Rights Advocacy Service (ARAS) is a free, confidential and statewide service which has been supporting older people since 1990.

Your privacy

ARAS values confidentiality and respects your right to privacy. If you believe we have breached your privacy you can lodge a complaint by writing to the Operations Manager of ARAS and/or contacting the Office of the Australian Information Commissioner, Tel 1300 363 992.

Your feedback

ARAS is committed to continually improving the quality of its service. If you are unhappy with any aspect of our service, we encourage you to raise the issue with us.

In the first instance your complaint will be handled by our Operations Manager. Alternatively, you can have it reviewed by external agencies such as OPAN (Older Persons Advocacy Network), Tel 1800 700 600 or the Health and Community Services Complaints Commissioner, Tel 1800 232 007.

Visit our website to read our Consumer Compliments, Comments and Complaints Policy and Privacy Policy.

aras
Aged Rights
Advocacy Service

Contact us

Office hours Mon-Fri, 9am to 5pm
175 Fullarton Road
Dulwich SA 5065

By appointment only at our outlets

9/46-52 Ocean Street
Victor Harbor SA 5211
(access from Coral Street)

2/1 First Street
Nuriootpa SA 5355

21 Denny Street
Berri SA 5243

Tel (08) 8232 5377
Aged Care Advocacy Line
1800 700 600 (toll free)
Fax (08) 8232 1794

aras@agedrights.asn.au
www.sa.agedrights.asn.au

TTY 13 36 77
SSR 1300 555 727

Translating and Interpreting Service
13 14 50

ARAS is funded by the Australian Government.

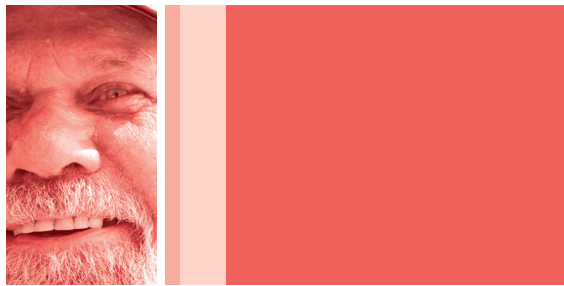
ARAS is the South Australian member of the Commonwealth funded Older Persons Advocacy Network (OPAN).

aras
Aged Rights
Advocacy Service

**For the Rights
of Older People**
advocacy ■ information
education ■ support



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Who we assist

Older people (or their representatives) who are:

- living in residential aged care
- receiving or seeking to receive Commonwealth Home Support Programme (CHSP) or Support at Home
- at risk of, or experiencing abuse from family or friends
- living in a retirement village.

Our Aboriginal advocacy service delivers a culturally sensitive approach for First Nations people (and their representatives) across all ARAS key service areas.

We can arrange a time to talk to you by phone or visit you at a location convenient to you. Alternatively, you can meet us by appointment at any of our offices.



What we provide

- information about aged care, rights and responsibilities
- assistance to connect vulnerable older people with My Aged Care and identify what aged care services best meet their needs (City of Salisbury and City of Playford)
- information about aged care fees and charges
- strategies to help you protect yourself
- support to resolve your concerns or speak on your behalf
- information sessions on aged care rights and elder abuse prevention.



Your rights

- Independence & choice: You can make your own decisions about your care, services and daily life, with support if needed
- Fair access: You can receive a fair assessment that respects your culture, background and health needs
- Quality & safety: You can expect safe, respectful and high-quality care from trained workers and approved providers
- Privacy & information: Your privacy must be protected, and you can access clear information about your care and costs
- Communication & complaints: Receive information in a way you understand, speak up safely, and receive a fair response
- Advocacy & connection: You can have support from an advocate or trusted person, and stay connected to your community.